



# Binalong Public School

## BULLETIN

Term 4 Week 7, 24 November 2020

### FROM THE PRINCIPAL

Congratulations to our preschool students who have completed our Kindergarten Orientation Program 2020. Each and every child arrived each day with a big smile on their face and enthusiastically participated in all of the wonderful learning activities that Miss Green coordinated for them. We've had a wonderful time together and can't wait to see you start 'Big School' next year!



### Presentation Evening

We have been working hard to make our annual presentation ceremony happen for not only our students, but also their parents. Many schools are opting for a private daytime ceremony for students only that will be livestreamed for their families. We have been creatively planning a modified event that fits within the Department of Education's COVID-19 procedures and that also includes our parents, and we know that you will be understanding with the processes that we must follow to make this happen. We do not have access to an indoor venue that will accommodate all of our students, staff and parents, so we will be holding our Presentation Evening on the school oval this year. An invitation along with some further information will be going home this week and we ask that you RSVP as soon as possible to help support us with our planning.

### Vacation Care

Make sure that you get in touch with Julia on 6236 8305 from Country Kids to book your child's space for the Vacation Care program. For more information go to: <https://ccel.com.au/>

### Dates for the Diary

Week 7	Operation Art Workshop—Wednesday 25 November—at School
Week 8	Yass High School Orientation Day—Tuesday 1 December
Week 8-9	Intensive swimming program 1.45-3pm every day
Week 9	School Assembly—Tuesday 8 December
Week 9	SRC Talent Show—Friday 11 December
Week 9	Scripture—Friday 11 December
Week 10	Presentation Ceremony—Monday 14 December 6pm
Week 10	School Disco—Tuesday 15 December 2pm
Week 10	Last day of school for students—Wednesday 16 December

Attachments: CPR training for parents;

WEBSITE: <https://binalong-p.schools.nsw.gov.au/>

Principal: Mrs Renee Arabin  
 SAM: Mrs Kerry Foran  
 Address: Dickinson Street, Binalong, NSW, 2584

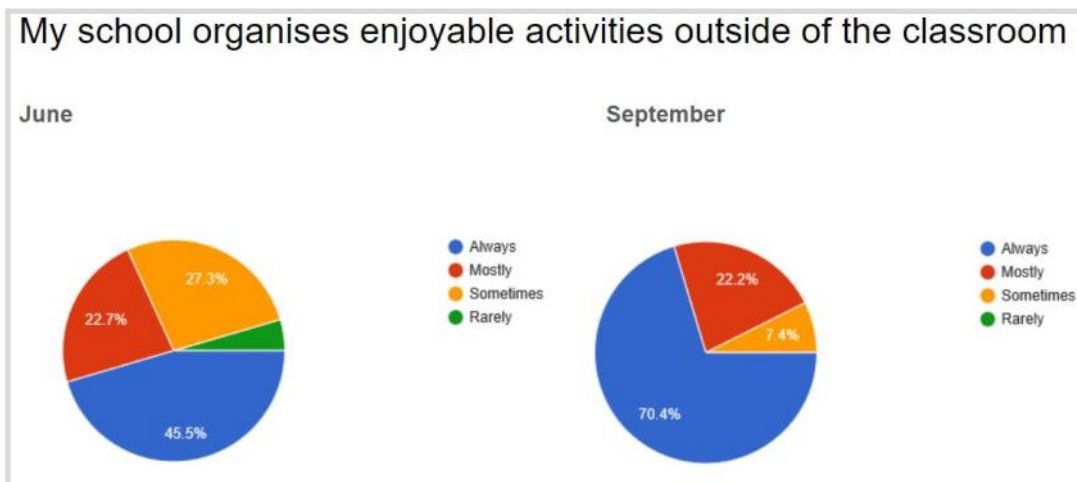
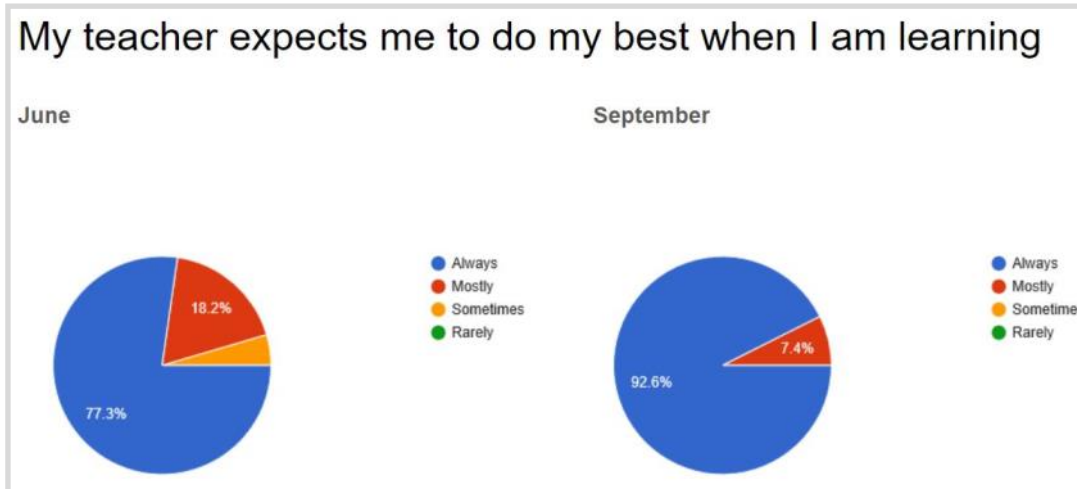
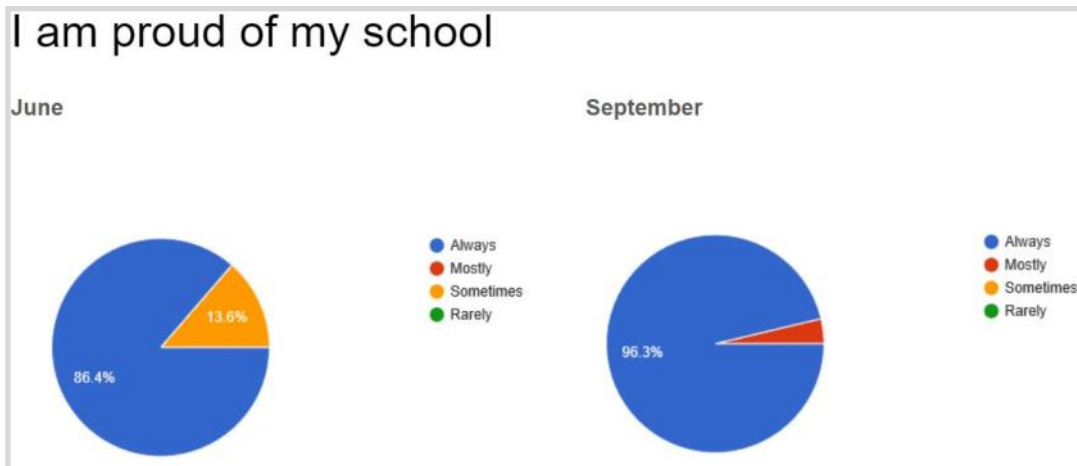
Phone : 02 6227 4381  
 Fax : 02 6227 4380  
 Email: [binalong-p.school@det.nsw.edu.au](mailto:binalong-p.school@det.nsw.edu.au)

## Evacuation Procedures

Last week students and staff had an offsite evacuation drill to help prepare for the 2020-2021 bushfire season and in the event that we ever need to evacuate the school grounds. It was a safe and orderly evacuation with students and staff reflecting on areas for improvement in the future. Please ensure that you are signed up to SkoolBag (and have it as an icon on your home screen) so that you are up to date with any emergency information.

## Parent and Family Survey

Our school regularly seeks the feedback of our whole school community to help us understand what we do well and the areas that we can improve. As you are aware, we are entering a new school planning cycle and are seeking your input into the direction that our school takes over the next four years. A survey link was sent out to all families last week via SkoolBag and we would be appreciative of your feedback. Students have also been surveyed throughout various times of the year and some of their results are below:



## **Gymnastics**

With the successful application of a Sporting Schools grant, we have been able to have Yass Gymnastics run a wonderful gymnastics program for all students K-6. We've been watching students cartwheel, tuck, tumble-turn and somersault their way around the school hall.



## **Intensive Swimming**

All students will be participating in the Intensive Swimming program in Weeks 8 and 9. Permission notes went home last week, please be sure to return these as soon as possible. Please also note the change to pick up routine this year in response to Department of Education and Yass Valley Council Covid-Safe plans.

## **Class and Family Celebrations**

Keep your eye out for an invitation to your child's class celebration.

## **Student Elections**

Information about the upcoming student elections for School Captain and Vice Captain will be going home for students in Year 5 this week with student speeches taking place in Week 9.

## **School Playground Equipment**

We are eagerly awaiting the arrival and installation of our new playground equipment. This should hopefully be taking place in early December!

## **Mr Grigg**

As some of you would be aware, our General Assistant (GA) Mr Grigg has been on sick leave in recent weeks and we've had Mrs Lisa Elphick (Jugiong PS GA) filling in for the last couple of weeks and prior to that Mr Godman also had some time filling in (as well as Mrs Arabin on the push mower ;-)). We look forward to welcoming Mr Grigg back to school soon!

## **Passion Projects year 4/5/6**

Students are busily working on their environmentally aware Term 4 Passion Projects. Students have developed a project of their choice that answers the question, "How can we care for the environment?" and "How can I effect change in others?". Students have been making recycled/upcycled artwork, bees-wax wraps, recycled and multi-use shopping bags, environmental education websites and board games, compost bins and much more. Some students are also planning to hold a stall at the next Binalong Community Markets, so please be sure to pop by and support them.

## **Mrs Renee Arabin**



## Maths in Yrs 2-6

In maths this week, students were learning about volume and unit of measure used to measure a space. Students made cubic meters to help them visualise the unit of measure and see how they fit into a 3D space.



## SRC Walk-A-Thon

Stay tuned for more photos in the next Bulletin





# NAIDOC



## ACKNOWLEDGEMENT OF COUNTRY

We gather today in this special place to continue our learning journey together.

We acknowledge Aboriginal and Torres Strait Islander people as the traditional custodians of the land upon which we meet.

We pay our respects to the Elders of the past, present and future and acknowledge their spiritual connection to Country.





# STARS OF THE WEEK

Weeks 5 & 6



## DUSTY

Excellent fluency in reading

## LOCHIE

Developing independent learning habits

## LAUREN

Enthusiastic involvement in NAIDOC activities

## RUBY

Starting learning tasks straight away

## TAYLAH

Positive attitude and willingness to be involved in all class learning

## IMOGEN

Her ability to communicate her mathematic thinking when solving problems

## Bush School

K-3 have been developing and creating Bush School in the back school paddock. There is wonderful team work and learning that is happening to create a caring learning space that helps connect us to the environment and each other.



## Class 2/3

Students in Year 2/3 have been exploring descriptive writing techniques. This writing was inspired by *The Silver Sea* (Alison Lester and Jane Godwin) and *Magic Beach* (Alison Lester).

*The aqua dolphins jumped with glee in and out of the white horses and the eels slipped through the slimy seaweed.*

Audrey Grange

*A sperm whale, which got chased by a hammerhead shark, got away to safety.*

Tyson Butt

*In the deep dark below, a blood thirsty angler fish saw an axolotl in the thick seaweed, where it hid from the anglerfish.*

Lochie Ings

*The rainbow fish, that was chased by a hungry shark, swam into some seaweed to be safe.*

Elise Edwards

*A smart dolphin, that sneaked past a megladon, got scared by a hammerhead shark.*

Taylah Isbister

## REMEMBRANCE DAY







**15 Queen Street, Binalong**

**Phone:** 02 62274222

**Email:**

cafeonqueenbinalong@gmail.com

**Opening Hours—Café**

Thursday—Monday 9am—4pm

Tues/Wed—CLOSED.

**BAR OPEN—**Friday and Saturday.

5pm til late.

**GRANGE  
CREATIVE**

**GRAPHIC DESIGN  
& WEBSITES**

**Heidi Grange** p: 0403 689 466

e: heidi@grangecreative.com.au

w: www.grangecreative.com.au



## Paul's Painting Service

Phone or email Paul Glover, your local painter  
for a free quote on

**Phone:** 6227 4435 or 0404 071 910

**Email:** pnslover@gmail.com

No job too big or too small

All work guaranteed.



# BINALONG

motor museum

**Glengarry Road**



Open from 10am to 5pm.  
Mon, Wed, Fri & Weekends  
Telephone: (02) 62274251  
Fax: (02) 62274406



CONTACT US AT  
**PETER MINSON ART GLASS**

21 Queen Street, Binalong  
NSW 2584 Australia

T: + 61 2 6227 4312 F: +61 2 6227 4207

E: peter@minsonartglass.com.au

W: www.minsonartglass.com



## Binalong Butchery



**Mick and Lillian**  
'Consistent High Quality Meat'

29 Fitzroy Street  
Binalong NSW 2584

02 6227 4321

binalongbutchery@icloud.com

AUSTRALIA  
**POST**

Website: [www.binalongclub.com.au](http://www.binalongclub.com.au)

Facebook: <https://www.facebook.com/BinalongCommunityClub/>



Find us on  
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**EVENT FIRST AID & FIRST AID TRAINING**

1300 985 833 or [www.getfirstaid.net.au](http://www.getfirstaid.net.au)



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e: [editorial@twintowntimes.com.au](mailto:editorial@twintowntimes.com.au)





# DRS ABCD approach for baby and child

**D**

Check for **DANGER** to yourself, the child and anyone else in the area  
**Is there a danger?**

Yes  
→  
←

Remove the danger or remove the child away from danger

↓ No

**R**

Check for **RESPONSE**

Is the child opening their eyes or making a noise when you touch or talk to them?

**Is the child responsive?**

Yes  
→

Stay with the child to make sure they recover

↓ No

**S**

**SEND FOR HELP** by calling triple zero (000) and asking for an ambulance

↓

**A**

Open the child's **AIRWAY**



Baby airway

Place the baby in a neutral position and use a chin lift



Child airway

Use a head tilt and a chin lift

↓

**B**

Check if the child is **BREATHING** normally

Look, listen and feel for up to 10 seconds

**Is the child breathing normally?**

Yes  
→

Place the child in the recovery position and check them regularly while you wait for the ambulance to arrive

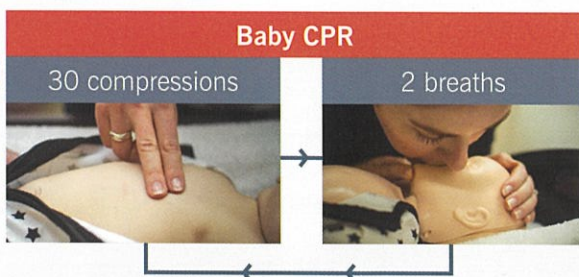
↓ No

**C**

Start **CPR**

Push down 1/3 of the depth of the chest, at a rate of 100-120 compressions per minute

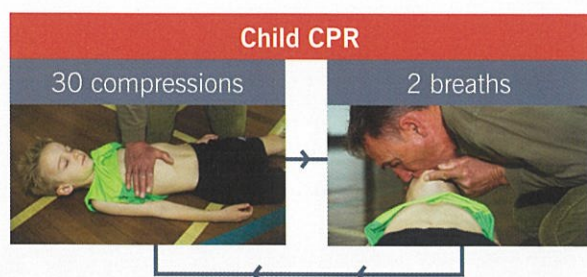
Continue until the ambulance arrives and takes over or the child begins to respond



Baby CPR

30 compressions

2 breaths



Child CPR

30 compressions

2 breaths

↓

**D**

If a **DEFIBRILLATOR** or **AED** is available, turn it on and follow the prompts



**Every day, approximately 70 Australians** need Cardio-Pulmonary Resuscitation (CPR) in the community. CPR is a life-saving practice which involves compressions and rescue breaths. Chest compressions pump blood around the body to the important organs, and breaths provide oxygen.

As it can take an ambulance, on average, 10 minutes to get to an emergency, it is important that people in the community know how to perform CPR.

**If your child stopped breathing today, would you know what to do?**

The Children's Hospital at Westmead has developed a **free online program, 'CPR Training for Parents'**, to teach the steps involved in CPR for a baby (aged less than 12 months) or a child (aged over one year). These steps can also be used on an adult.



**The knowledge and skills you learn in this program today, may SAVE a LIFE tomorrow. Remember, ANY attempt at CPR is better than no attempt.**

## CPR Training for Parents

CPR Training for Parents is available at [cprtrainingforparents.org.au](http://cprtrainingforparents.org.au) and does not require you to login. It will take approximately 1.5 hours to complete all of the seven modules, which can also be done separately.

**Modules available in the training program include:**

Child CPR	Automated External Defibrillator (AED)
Baby CPR	The recovery position
Masks and face shields	Choking
First aid for burns	

For more child health and safety information from The Children's Hospital at Westmead, visit [kidshealth.schn.health.nsw.gov.au](http://kidshealth.schn.health.nsw.gov.au)



## CPR Training for Parents

[cprtrainingforparents.org.au](http://cprtrainingforparents.org.au)

**WHAT WOULD YOU DO IF YOUR CHILD STOPPED BREATHING?**

**kids health**  
the children's hospital at Westmead  
Child Health Promotion Unit

The Sydney  
**children's**  
Hospitals Network  
care, advocacy, research, education