

# ANTI-BULLYING PLAN 2023

## Binalong Public School

Bullying behaviour has three key features. It involves the intentional misuse of power in a relationship. It is ongoing and repeated, and it involves behaviours that can cause harm. The NSW Department of Education requires all NSW public schools to have an Anti-bullying Plan which details the strategies implemented to reduce student bullying behaviours.

### Resources

The NSW anti-bullying website (see: <https://antibullying.nsw.gov.au/>) provides evidence-based resources and information for schools, parents and carers, and students. Schools are encouraged to visit the website to support whole-school prevention, early intervention and response approaches and strategies for student bullying behaviour.

Our school rejects all forms of bullying behaviours, including online (or cyber) bullying by maintaining a commitment to providing a safe, inclusive and respectful learning community that promotes student wellbeing. Executive staff are committed to establishing evidence-based approaches and strategies that promote a positive climate where bullying is less likely to occur.

## 1 School culture and inclusion

All members of the school community are active participants in building a welcoming school culture that values diversity and fosters positive relationships. A key component of a supportive school culture is building respectful relationships and an ethos that bullying is not accepted, in both online and offline environments. School staff will actively respond to student bullying behaviour.

Our school engages in the following practices to promote a positive school culture.

### 1.1 Student assemblies

Student bullying and expectations about student behaviour will be discussed and information presented to promote a positive school culture where bullying is not accepted.

Dates	Communication topics
Ongoing	Behaviour code for students
Assembly items	Kids Helpline Video Presentation, Zones of Regulation,
On-going	PDHPE Programs focusing on: Social-Emotional Learning, Respectful Relationships, Respectful Online Behaviour
Annually	National Day of Action Against Bullying and Violence, Harmony Day/Week

## 1.2 Staff communication and professional learning

Staff will be supported with professional learning that provides evidence-based ways to encourage and teach positive social and emotional wellbeing and discourage, prevent, identify, and respond effectively to student bullying behaviour.

Dates	Communication topics and Professional learning
Term 1	Review Zones of Regulation & Smiling Mind and embed in all classrooms; Review the Student Wellbeing Hub - Australian Student Wellbeing Framework; Restorative Practices; Student Agency
Term 2	Life Education visit - Focus on relationships. Implementation of the classroom program and resources to support PDHPE curriculum
Term 3	National Day of Action against Bullying and Violence
Term 4	

## 1.3 New and casual staff

New and casual staff will be informed about our school's approaches and strategies to prevent and respond to student bullying behaviour in the following ways.

- Information is provided in a manual to staff when they enter on duty at the school
- An executive staff member speaks to new and casual staff when they enter on duty at the school
- The principal speaks to new executive staff when they enter on duty at the school, as part of the induction process
- Restorative practices are displayed in each classroom as a script for both teachers and students

## 2 Partnerships with families and community

Effective schools have high levels of parental and community involvement. This involvement is strongly related to improved student learning, attendance and behaviour. Our school proactively builds collaborative relationships with families and communities to create a shared understanding of how to support student learning, safety and wellbeing.

### 2.1 Website

Our school website has information to support families help their children to regulate their emotions and behaviour and develop socially. Information is provided to assist if children have been involved in bullying behaviour (as the person engaging in bullying behaviour, as the person being bullied or as the person witnessing the bullying behaviour).

The following are published on our school's website. Check the boxes that apply.

- School Anti-bullying Plan       NSW Anti-bullying website       Behaviour Code for Students

## 2.2 Communication with parents

Our school will provide information to parents to help promote a positive school culture where bullying is not acceptable and to increase parent's understanding of how our school addresses all forms of bullying behaviour.

Dates	Communication methods and topic
Term 1	Parent meetings: P&C and Classroom Information Sessions; P&C input into Anti-Bullying Plan
Ongoing	School newsletter - What is bullying? What to do if my child is being bullied? What to do if my child is the bully? Where do I get further support?
Ongoing	Parent voice - Tell Them From Me Surveys and school based feedback
Ongoing	Positive teacher/parent relationships with teachers proactively working with families to address bullying and support positive relationships.

## 3 Support for wellbeing and positive behaviours

Our school's practices support student wellbeing and positive behaviour approaches that align with our school community's needs.

Social and emotional skills related to personal safety, resilience, help-seeking and protective behaviours are explicitly taught across the curriculum in Personal Development, Health and Physical Education (PDHPE).

Examples of other ways our school will embed student wellbeing and positive behaviour approaches and strategies in practices include the following.

- Student voice in development of School Values and School Code of Behaviour
- Regular student feedback through surveys and Tell Them From Me
- Student leadership opportunities
- Modelling respectful and harmonious relationships
- Explicit teaching of expected and positive behaviours
- Wellbeing programs and initiatives including: Smiling Mind, Zones of Regulation, Bush School, alternative lunchtime activities (student-led clubs, alternative play spaces and activities)
- Year 6/Kinder Buddy Program
- Wrap around school support with Learning and Wellbeing teams and inter-agencies
- Whole school classroom and behaviour management systems to support positive behaviour
- Personalised learning and support
- Teachers and staff participate in guided self-reflection around practices

Completed by: *Renée Arabin*

Position: *Principal*

Signature: *RAO*

Date: *21.3.2023*

Principal name: *Renée Arabin*

Signature: *RAO*

Date: *21.3.2023*